

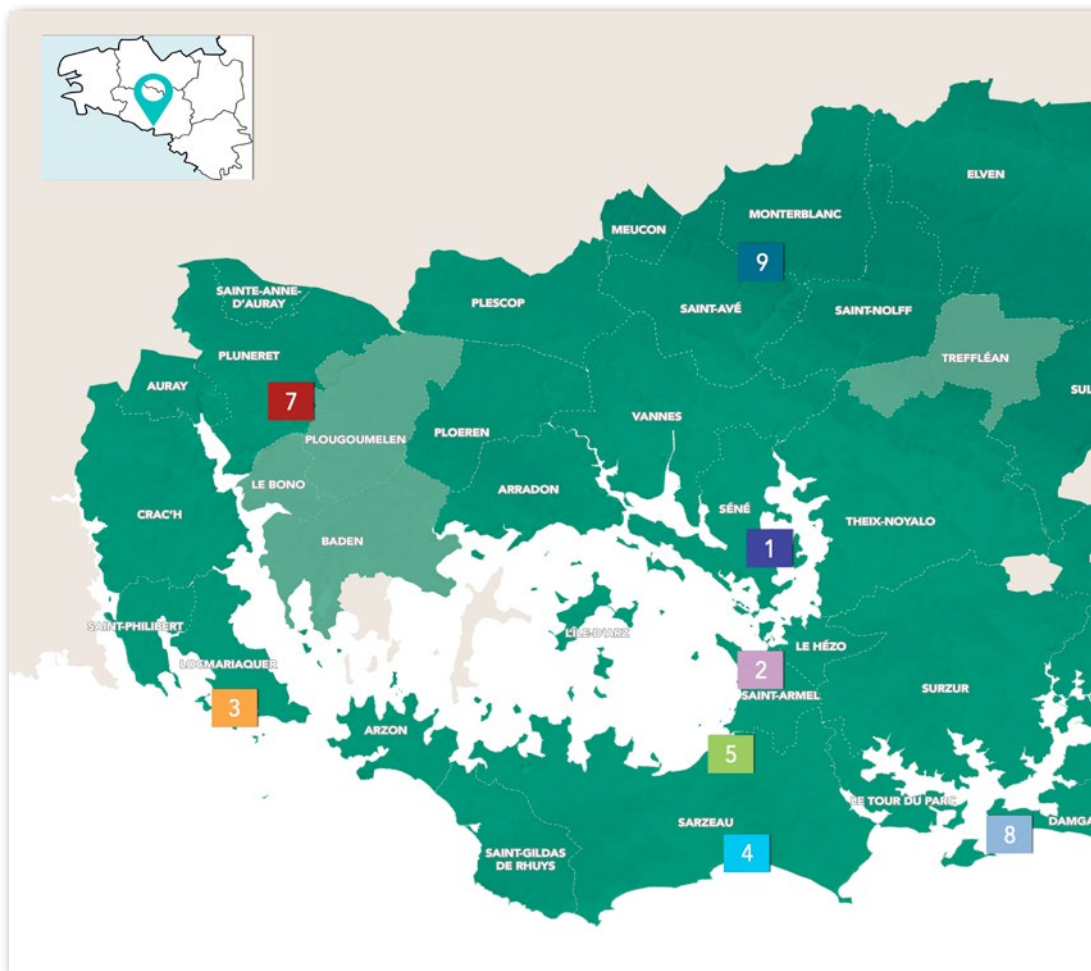


Golfe du Morbihan Regional Park

Where to watch birds ?

Une autre vie s'invente ici

The main observation sites



The « Golfe du Morbihan » is one of France's major sites for birdwatching. Various different habitats including islands, mudflats, coastal marshes, hedgerows, heath and woodland all favour the presence of a variety and abundance of different animal and plant species. About 200 species of birds are seen each year. Between 80000 and 120000 wetland birds pass the winter here between October and February, along the coast.



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SÉNÉ MARCHES RESERVE

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LASNÉ MARSHES AT ST ARMEL

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BRENNEGI MARSHES AT LOCMARIAQUER

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SUSCINIO MARSHES AT SARZEAU

5

DUER MARSHES AT SARZEAU

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HUELFAUT AND HAYO WOODLAND-ELVEN

7

TÉNO HEATH AT PLUNERET

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DAMGAN COASTAL TRAIL

9

CESAR CAMP MONTERBLANC /ST AVÉ



KEY

Period :

*** : exceptional

** : very interesting

* : interesting

We hope you have an enjoyable stay in the Golfe du Morbihan Regional Park. All the sites presented in this booklet are freely accessible in fragile areas. Please be respectful of the sites, keep any dog on a lead and stay to marked footpaths.



Séné marches national nature Reserve

Created in 1996, the reserve covers 530 ha of mudflats, salt marsh, ancient salines and wet meadows. Today a visit to the site imposes for any naturalist visiting the Golfe du Morbihan for birds (duck, terns and various waders and other shorebirds), other wetland animals and plants. 220 species of bird have been recorded on the reserve. It is also an important staging area for most of the wader species that occur regular in Western Europe. The reserve can be visited either on one's own or with a guide.



How to get there?

Go to Séné and then follow directions to «Réserve de Séné»

GPS : Lat. 47 61683 Long. 2 711104

Period

Spring ***, Summer ***, Autumn ***, Winter ***



Avocet

Birds

Migrants : Curlew and Wood sandpiper, Little stint and many other species of wader. The Osprey is often seen fishing along the Noyal river

Winter : Lapwing, Pintail, Shoveler, Marsh harrier, Spoonbill

Summer : Black-winged stilt, Common tern, Black-tailed godwit

Resident : Avocet, Fan-tailed and Cetti's warblers, several species of waders, gulls and passerines

Other interesting wildlife : Dragonflies: Southern and Willow Emerald damselflies, Emperor dragonfly, Southern darter. Butterflies: Black-veined white, Swallowtail, Sooty copper, Southern white admiral, Glanville and Knapweed fritillaries

Events and guided walks

Throughout the year, the Séné marshes organises nature walks, conferences and events on site or around the Morbihan. To find out more : www.sene.bzh or www.reservedesene.bzh

Organization of visit

There are two ways of visiting the nature reserve. Part is by paid access with 2 nature trails and 4 hides. 3 km of trails. The visit lasts about two hours. Free access to another part with 2 trails and 1 hide. 4½ km of trails

+ Info

Séné Marsches Reserve

Route de Brouel, 56860 Séné

+33 2 97 66 92 76

www.reservedesene.bzh



PARC NATUREL REGIONAL
DU GOLFE DU MORBIHAN

Lasné marsches at Saint-Armel



A departmental (county council) reserve since 1978, these ancient salt pans dating from the middle ages have since 2003, been restored and salt is once again produced. There are now also two shellfish producers that use certain salt pans. The rest of the marsh is for the birds that occur year round on this very favourable site.



How to get there?

Follow signs to Saint Armel and then to Tascon
Coordonnées GPS : Lat.47 569125 Long. 2 722038

Period

Spring ***, Summer **, Autumn **, Winter ***

+ Info

Accommodations, Events, Activities
Golfe du Morbihan Vannes Tourisme (tourist office of Sarzeau)
 +33 2 97 53 69 69
www.golfedumorbihan.bzh



Mediterranean gull

Birds

Migrants : Ruff, Curlew sandpiper, Whimbrel

Winter : Dunlin, Grey plover, Black-tailed godwit, Brent goose, Spoonbill, Short-toed owl, various species of wader and gulls on the mudflats around Tascon Island

Summer : Mediterranean gull, Avocet, Common tern (one of the largest colony in Brittany), Black-winged stilt

Sedentary : Little egret, Redshank, Fan-tailed warbler and Cetti's warblers

Other interesting wildlife : Parsley frog, European tree frog, Southern white admiral

Suggested activities nearby

The Cider House

Rue de Lann Vrihan,
56450 Le Hézo
+33 2 97 26 47 40
www.museeducidre.com



PARC NATUREL RÉGIONAL
DU GOLFE DU MORBIHAN

« Jeux Pêche Tes Contes »

Adrien Mounier, nature guide

+ 33 6 22 94 14 87
adrienmounier@gmail.com
www.jeuxpechetescontes.com

Brenneci marches at Locmariaquer

Half way between the Golfe du Morbihan and the Quiberon peninsula, the Saint Pierre peninsula is a mix of sandy beaches and ancient salt pans. Depending on the tide, birds come here to roost. Follow the marked trails to discover the different species of bird...



How to get there?

Take the D780 towards Locmariaquer then follow signs for Kerveresse
 GPS : Lat. 47 561596 Long. 2 962679

Period

Spring **, Summer **, Autumn **, Winter*

+ Info

Accommodations, Events, Activities
Tourist office of Locmariaquer

+33 2 97 57 33 05

www.morbihan-way.fr



Shelduck

Birds

Migrants : Spoonbill, Curlew sandpiper, Whimbrel, Little stint and various other waders, gulls and passerines

Winter : Mediterranean gull, Black-necked grebe, Brent goose

Summer : Kentish plover, Avocet, Black-winged stilt, Hoopoe, Bluethroat, Serin

Sedentary : Redshank, Shelduck, Fan-tailed and Cetti's warblers

Other interesting wildlife : Numerous remarkable dune plants: Sand toadflax, Western pink, Wild asparagus, Clap weed, Common shrubby everlasting ... To the east, in the marsh near the «pointe de Kerpenhir», various dragonflies can be seen in summer, including: Shy, Small, Scarce and Brown Emerald Damselflies, Southern Migrant Hawker and Southern Darter

Suggested activities nearby

Megalithics sites of Locmariaquer

Route de Kerlogonan

56740 Locmariaquer

www.site-megalithique-locmariaquer.fr



PARC NATUREL RÉGIONAL
DU GOLFE DU MORBIHAN

« Les Balades de Jackie »

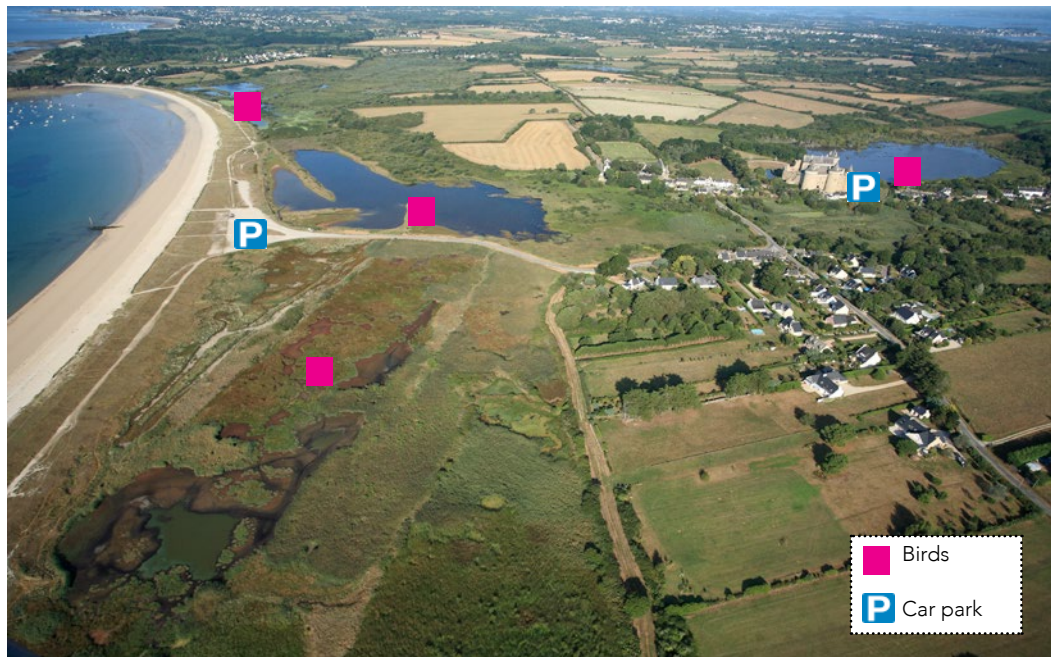
+ 33 6 16 37 72 41

www.lesbaladesdejackie-baden.fr

Suscinio marshes at Sarzeau



Watched over by the famous Château des ducs de Bretagne (Castel of the Brittany Dukes), nearly 200 ha of ancient salt pans, marshes and reedbeds along the line of costal dunes. The site can be visited by using the permanently open trails.



How to get there?

Go in the direction of the "Presqu'île de Rhuys", then follow signs to the "Château de Suscinio". GPS : Lat. 47 510389- Long.2 725561

Period

Spring ***, Summer **, Autumn **, Winter*

+ Info

Accommodations, Events, Activities

Golfe du Morbihan Vannes Tourisme (tourist office of Sarzeau)

+33 2 97 53 69 69

www.golfedumorbihan.bzh



Bluethroat

Birds

Migrants : Spoonbill, Garganey, Wood sandpiper, Little stint. In August, Ruff and Penduline tit in early October

Winter : Kingfisher and Bearded reedling

Summer : Bluethroat, and many other species of wetland passerines, especially Cetti's warbler. Kentish plover nest on the beach; Black-winged stilt and Avocet are common on the marshes

Sedentary : Little egret, Fan-tailed warbler, Shelduck and a variety of waders

Other interesting wildlife : Natterjack toad, Parsley frog, European tree frog, Southern darter, Butterflies: Black-veined white, Glanville fritillary, Swallowtail

Suggested activities nearby

Domain of Suscinio

Route du Duc Jean V
56370 Sarzeau
+33 2 97 41 91 91
www.suscinio.fr



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DU GOLFE DU MORBIHAN

Cheese Farm of Suscinio

Route de la Duchesse Isabeau
56370 Sarzeau
+ 33 6 60 73 59 12
www.tomederhuys.fr

Duer marsches at Sarzeau



Touching the vast expanse of the St. Colombier mudflats, hundreds of birds are present in winter (October to March); today the ancient Duer salt pans are a paradise for birds, and birdwatchers! Two hides erected on a high point overlooking the site allow the visit to observe the area during an incoming tide that forces the birds onto the salt pans.



How to get there?

Follow signs to the Presqu'île de Rhuy and stop at Saint Colombier

GPS : Lat.47 542886 Long. 2 734694

Period

Spring *, Summer *, Autumn **, Winter***

+ Info

Accommodations, Events, Activities

Golfe du Morbihan Vannes Tourisme (tourist office of Sarzeau)

+33 2 97 53 69 69

www.golfedumorbihan.bzh



Brent geese

Birds

Migrants : Spoonbill, Whimbrel, various waders and passerines

Winter : Brent goose, Teal, Curlew, Black-tailed godwit, Peregrine, Great egret

Summer : Black-winged stilt, Common tern

Sedentary Avocet, Redshank, and Shelduck. Around the marshes the large pines may be good for : Crested tit, Short-toed tree creeper, both 'crests.

Suggested activities nearby

Kerlévenan Castle

Kerlévenan
56370 Sarzeau
+33 2 97 26 46 79



« Escapade en Terre Iodée »
Mélanie Chouan, nature guide

+33 6 25 93 59 88

www.escapade-en-terre-iodee.fr

Huelfaut and Hayo woodland at Elven

This woodland is one of the best sites to hear and maybe see the discreet Black Woodpecker and the other three species of woodpecker. A network of small tracks allows the visitor to discover the site whilst under the canopy of the large beeches. High above the "Golfe", birds are discreet here; search attentively with both eyes and ears.



Owner : Vannes Agglomération

How to get there?

Take RN 166. Way out at Le Cour drive 1 km on this road

Coordonnées GPS : Lat. 47 754621 Long. 2 539234

Period

Spring **, Summer *, Autumn *, Winter *

+ Info

Accommodations, Events, Activities

Golfe du Morbihan Vannes Tourisme (tourist office of Vannes)

+33 2 97 47 24 34

www.golfedumorbihan.bzh



Black woodpecker



Great spotted woodpecker

Birds

Winter : Brambling, Fieldfare, Redwing

Summer : Hobby, Hoopoe, Honey buzzard, Whitethroat, Melodious warbler

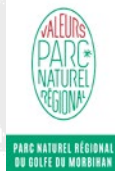
Sedantary : Four species of woodpecker (black, green, great and lesser spotted) can be seen throughout the year. Stock dove, Crested tit, Short-toed treecreeper and various other passerines

Other interesting wildlife : Dragonflies in summer: Western spectre, Western club-tailed dragonfly, Large pincertail, Brilliant and Orange-spotted emeralds

Suggested activities nearby

Largoët Fortress

56250 Elven
+ 33 2 97 53 35 96
www.largoet.com



The Gorvello Distillery

Pebeyec
56250 Sulniac
+33 2 97 54 04 11
www.distilleriedugorvello.fr

7 Teno heath at Pluneret



A succession of small woods separated open heath, birds are not easy to find on Teno heath at Pluneret, but careful watching will bring rewards. Well integrated tracks allow access to the site. It is just as much with your ears as your eyes that you will appreciate the site. There's access to mudflats with easier watching via woodland understory



Owner : Conseil Départemental du Morbihan

How to get there?

Car park just after Kerichan at Kergadic

GPS : Lat 47 667278 Long. 2 932588

Period

Spring **, Summer **, Autumn *, Winter*

+ Info

Accommodations, Events, Activities
Tourist office of Auray
+33 2 97 24 09 75
www.auray-tourisme.com



Nightjar

Birds

Summer : Nightjar, Tree pipit, Hobby, Yellow hammer

Sedentary : Dartford warbler, Black woodpecker, Cirl bunting and various other passerines

Other interesting wildlife: Plants: Dorset heath, Sundews. Butterflies that can be seen in June and July: Large chequered skipper, Black-veined white, Short-tailed and Silver-studded blues, Pearly heath

Suggested activities nearby

Sainte-Avoye Chapel

Village of Sainte-Avoye

56400 Pluneret

+33 2 97 24 01 06

www.pluneret.fr



« La Mer Monte »

Anne Jacob, nature guide

+ 33 6 81 76 70 17

www.la.mer.monte@orange.fr

8 Damgan coastal trail

Between Lennpoint and Pouillac marches, along the Pénerf river, use the coastal tracks to look over the estuaries and salt marshes. The trails allow the visitor to discover a mixture of open habitats and more intimate closed woodland. Open your eyes and ears, there are birds everywhere.



How to get there?

In Damgan go in the direction of Pénérf as far as Le Lenn

GPS : Lat.47 516796 Long. 2 612334

Period

Spring *, Summer *, Autumn **, Winter***

+ Info

Accommodations, Events, Activities

Tourist office of Damgan

+33 2 97 41 11 32

www.damgan-larochebernard-tourisme.com



Common tern

Birds

Migrants : Osprey, Whimbrel, Spoonbill

Winter : Brent goose, Ringed plover, Dunlin, Curlew, Black-tailed godwit and a variety of other waders and duck

Summer : Common tern in a colony on Ilot de Riom

Sedentary : Little egret, Redshank, Shelduck and a variety of gulls and passerines

Other interesting wildlife: Various remarkable plants of the seashore: Western pink...

Suggested activities nearby

The Tower of the English

The oldest fire tower of the French Atlantic coast (15th-16th century)
Lieu du la pointe du Lenne
56750 Damgan



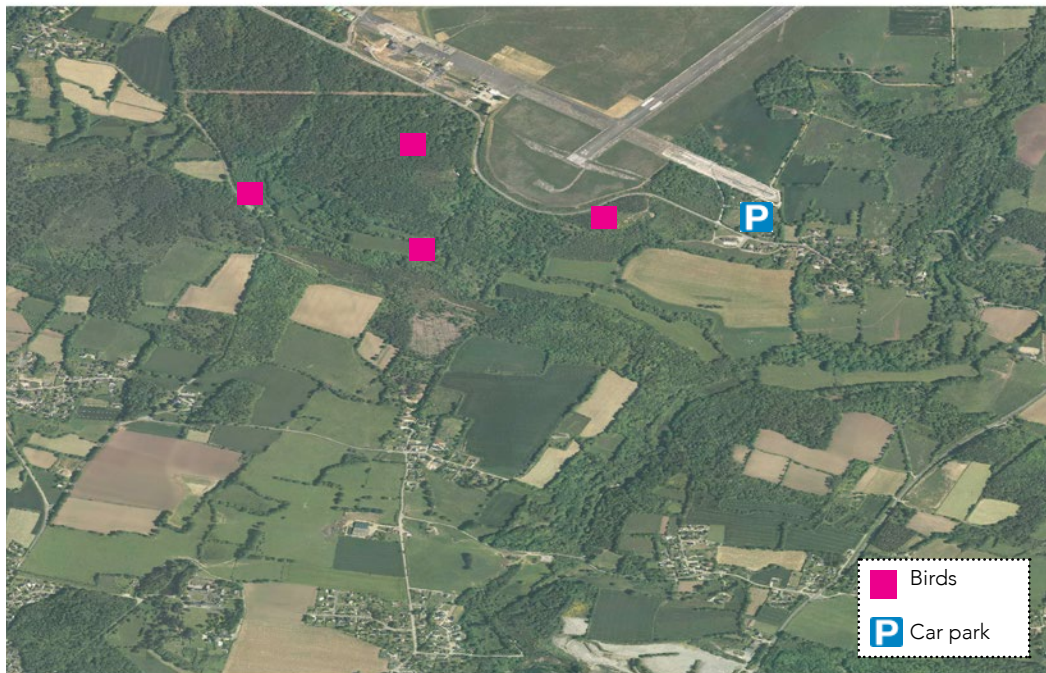
PARC NATUREL RÉGIONAL
DU GOLFE DU MORBIHAN

« Les Saveurs de Penerf »

Port de Penerf
56750 Damgan
+33 6 84 39 36 86

Cesar camp at Monterblanc-Saint Avé

Overlooking the Golfe du Morbihan, a network of circular trails, tracks and paths allows the visitor to visit this naturally calm and lush environment, fragrant with gorse and heather. Finding wetland birds needs no particular skill; it's the very opposite when searching for birds in woodland, hedgerows or heath. Keep searching and listening all the time.



How to get there?

At St. Avé take the D126 towards Plumelec. After 2 km turn left towards Mangolérian. GPS : Lat. 47 710555 Long. 2 728935

Period

Spring ***, Summer **, Autumn *, Winter *

+ Info

Accommodations, Events, Activities

Golfe du Morbihan Vannes Tourisme (Tourist office of Vannes)

+33 2 97 47 24 34

www.golfedumorbihan.bzh

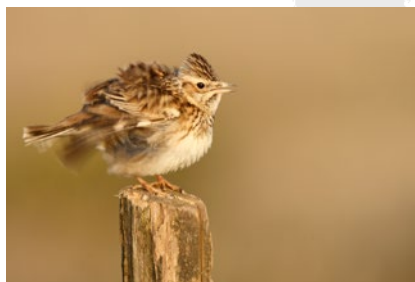


Dartford warbler

Birds

Summer : Nightjar, Tree pipit, Hobby, Honey buzzard, Melodious warbler

Sedentary : Dartford warbler, Crested tit, Woodlark, Black woodpecker, Bullfinch, Cirl bunting, Yellowhammer and various other passerines



Suggested activities nearby

Vannes Aquarium

21 rue Gilard
56000 Vannes
+ 33 2 97 40 67 40
www.aquariumdevannes.fr

Gaillard Castle

History and archeology museum

2 rue Noé
56000 Vannes
+33 2 97 01 63 00

Other sites

The «Pointe des Emigrés» at Vannes

About 60 species of bird can be seen at this site. It is especially interesting in winter and at high tide (when the mudflats are covered). It's one of the best sites for seeing Water rail, Kingfisher, Greenshank and flocks of Teal are often observed.

Noyalo lake

More than a hundred species have been observed on this "fishpond". It is particularly interesting in August and September when Osprey and Black tern are often seen. In spring Great crested grebes display here, winter is a time for duck and if the mud of the lake edges is exposed in summer many waders occur.

Île d'Arz

On walking around the island, 50 species are easily seen in a day at all seasons. Numerous trails allow the visitor to look over various small bays where Brent geese and Little egrets are numerous in winter. In spring the hedgerows and gardens are a haven for small birds and each site may hold a surprise.

+ Info

Golfe du Morbihan Regional Park

+ 33 2 97 62 03 03

www.decouvrirlegolfedumorbihan.bzh

contact@golfe-morbihan.bzh



What to do and see in the Golfe du Morbihan Regional Park ?

Hiking and biking

Whether on foot or on bike, there are many organised trails to discover the Golfe du Morbihan Regional Park whether inland or next to the sea. All the trails are indicated and maps can be consulted in the tourist offices. There are also many opportunities for horse riding.

Other outside activities

The Golfe du Morbihan is well known for water sports: yachting, dingy sailing, canoeing... Let yourself be guided :



PARC NATUREL RÉGIONAL
DU GOLFE DU MORBIHAN

- **Kerners Kayak** : www.kerners-kayak.com
- **Gîte et Contre-Gîte** : www.gitecontregite.com
- **Avel Plaisance** : www.avel-plaisance.com
- **Sentiers Marins** : www.sentiersmarins.com

Oyster farming

Oyster farming is a historic activity and contributes to the identity of the territory. To discover the oyster farmer's job and sample their products, come to meet :



PARC NATUREL RÉGIONAL
DU GOLFE DU MORBIHAN

- **Yvonnick Jégat, oyster farming visit**
18, Allée de la Pointe, 56610 Arradon, + 33 2 97 44 02 45
- **Ivan Sélo, oyster farming visit**
Pointe de Toulvern, 56870 Baden, + 33 6 04 59 68 28, www.aurythmedesmarees.fr

Megalithics sites

The Morbihan and especially the Golfe du Morbihan and the Quiberon Bay are exceptionally rich in Megalithic sites. This cultural heritage is in the process of being classed as a UNESCO World Heritage site.

GOLFE DU MORBIHAN REGIONAL PARK

Among 53 Regional Park, 9 work on a cooperation project for the class of the ornithological tourism:

The Alpillles Regional Park
The Camargue Regional Park
The Avesnois Regional Park
The Boucles de la Seine Normande Regional Park
The Brenne Regional Park
The Lorraine Regional Park
The Narbonnaise Regional Park
The Cotentin Bessin Regional Park
The Golfe du Morbihan Regional Park



How to get to the Golfe du Morbihan?

The Golfe du Morbihan Regional Park is located in south britany.

By car

From Paris, motorways A11, l'Océane
450 km from Paris (5h00)
RN 165 Nantes-Quimper-Brest
110 km from Nantes / Rennes

By train

Direct trains from Paris :
6-7 trains per days (3h)

By plane

Nantes-Atlantique airport
Lorient Lan Bihoué airport
Rennes Saint-Jacques airport
Dinard airport



Partner tourist offices of the Golfe du Morbihan Regional Park:



Baie de Quiberon